

# BMX



## AGE GROUP(S)

11 - 17 years old

Year of birth: Born between August 11, 1990 to August 7, 1997

## ZONE TEAM COMPOSITION

The maximum team size shall be:

|          |                                |               |          |            |            |
|----------|--------------------------------|---------------|----------|------------|------------|
| <u>6</u> | competitors per zone           | (# of females | <u>3</u> | # of males | <u>3</u> ) |
| <u>2</u> | coaches or chaperones per zone | (# of females | <u>1</u> | # of males | <u>1</u> ) |

## FILL POLICY

The sport fill policy will allow the zone with the greatest number of participants during their respective zone playoffs to be given the first opportunity to fill any remaining vacant positions. If this zone is not able to fill the position(s), then the opportunity will be given to the zone with the next highest participation.

Fills must be submitted for approval to the Alberta Sport, Recreation, Parks & Wildlife Foundation by **July 9, 2008.**

## ELIGIBILITY

### *Athletes*

National team members are not eligible to compete at the Alberta Summer Games.

Refer to the Alberta Games Athlete Eligibility guidelines (listed on page 11) for further details.

### *Coaches*

**NCCP Certification** - A minimum of one (1) member per zone of the staff registered as coaches will be required to have completed a minimum of NCCP **Level 1 Theory**, or completed the NCCP Intro to Competition - Part A and have one (1) year of practical experience as a BMX coach.

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games

## **BMX, continued**

### **AFFILIATION**

A tryout fee may be charged for riders who do not hold a current CCA license. All cyclists at the Alberta Summer Games must have obtained a Canadian Cycling Association (CCA) racing license through the Alberta Bicycle Association (ABA). Contact the ABA at (780) 427-6352 for licensing information. A special \$25 racing license is available for Alberta games and may be applied to a regular CCA license at the completion of the Games.

Coaches are required to obtain a general membership from the ABA prior to attending the Alberta Summer Games.

Membership benefits include:

- Sport accident and third party liability coverage
- Alberta Bicycle Association Spin Newsletter subscription
- Some retail discounts
- Affiliation to the Canadian Cycling Association

### **PROVINCIAL GAMES REGISTRATION FEE AND DEADLINE**

All zone team competitors, who qualify to compete at the 2008 Alberta Summer Games (excluding coaches and chaperones), are required to pay an individual registration fee of \$40.00. This fee will go towards offsetting the costs related to transportation, accommodation, meals, zone identification, medals, athlete entertainment and sport competitions. This fee must accompany the athlete's registration form for the Provincial Games.

Please note that the registration deadline for BMX is **July 9, 2008**.

### **EVENTS**

- August 7 - Registration and Opening Ceremonies
- August 8 - Practice Day and/or BMX Racing
- August 9 - BMX Racing (Two (2) races)
- August 10 - BMX Racing

From August 7-10, 2008, a BMX race will be held, which follows the standard race format (riders in each age group (11/12, 13/14, 15-17), race four (4) times).

- |                                      |                                     |
|--------------------------------------|-------------------------------------|
| • 1 <sup>st</sup> place - 100 points | • 5 <sup>th</sup> place - 50 points |
| • 2 <sup>nd</sup> place - 80 points  | • 6 <sup>th</sup> place - 40 points |
| • 3 <sup>rd</sup> place - 70 points  | • 7 <sup>th</sup> place - 30 points |
| • 4 <sup>th</sup> place - 60 points  | • 8 <sup>th</sup> place - 20 points |

## **BMX, continued**

Points from the previous day will be posted for inspection at least one (1) hour prior to the start of competition each day.

## **EVENTS, cont'd**

Points accumulate throughout the three (3) days of competition. Following the competition on the final day, the athletes will be ranked according to the total points accumulated over the three (3) days, in order of the most points accumulated to the least. Ties on points are resolved by the better overall performance on the final day of racing. If there is a tie on points for the final day of racing, the results of the second and then the first day of competition will be examined in that order until the tie is resolved.

## **PROTEST PROCEDURES**

Protests must be verbally communicated to the Chief Commissaire as soon as the individual race is complete.

## **EQUIPMENT SPECIFICATIONS**

Equipment must meet all specifications as outlined in the UCI BMX regulations. Specifications include:

- A BMX bicycle with 20" maximum diameter wheels, free of any kickstands, reflectors, chain guards or other hazardous or sharp attachments.
- All riders must wear a full-faced helmet, long pants, long-fingered gloves, and a long-sleeved shirt.
- The bicycle and its components must be in good working condition. Any bike may be inspected for compliance at any point during the competition.

## **ENTRY AND ZONE PLAYOFF PROCEDURES**

A one (1) day BMX event will be held in each zone to determine the athletes for the zone team. Tracks and clubs may hold pre-qualifiers with eliminations prior to the final qualifier.

## **PROVINCIAL SPORT COORDINATOR**

Victor Doehring  
30 Huntley Court NE  
Medicine Hat, Alberta  
T1C 1W3

Telephone: (403) 502-6969 (b)  
(403) 504-4456 (f)  
E-mail: doehringv@telusplanet.net

## **ZONE SPORT REPRESENTATIVE**

Each of the eight (8) zones has a designated BMX representative. The Provincial Sport Coordinator or the Foundation Sport Liaison (listed on page 9) can advise you how to contact this person.

## **BMX, continued**

### **HOST COMMUNITY SPORT CHAIR**

John Phillips

Telephone: (403) 527-5760 (b)  
(403) 504-7560 (c)

E-mail: diggerjp2@hotmail.com

