

## **REQUEST FOR COACHING SERVICES For Calgary BMX Select Riders**

Calgary BMX Association offers this request for quotation for coaching services for twenty five (25) to forty (40) select Calgary riders for the 2007 Racing Year. Coaching will start on the first week of May 2007 and run for sixteen (16) weeks ending on the last week of August 2007. No coaching will be needed for the last two weeks of July 2007 because of the BMX World Championships.

Location of the coaching will be at the Calgary BMX track and the coaching required will be an evening program.

### **Coaching Goal:**

- **Fine Tune Existing Skills**
  - **Mental Preparation**
  - **Psychology of Racing**
- **Preparation for Competitive Racing Events**
  - **Race Planning and Strategy**

The Calgary BMX short term objective will be to prepare their select riders for the BMX World Championships in Victoria B.C. The Calgary BMX long term objective is to enhance the skills of the Calgary Athletes toward a world class level.

The Coach will ensure there is sufficient Coaching Staff for twenty five (25) to forty (40) riders of a variety of ages. Calgary BMX will supply support staff as Track Monitors, Gate Operator and other areas where they may be needed.

Please provide a quotation which lists your plan for executing the coaching program, your commitment for the entire duration of the coaching program as detailed in this request and pricing for the complete season.

Hiring decision is to be made by the Calgary BMX Coaching Committee.

Please send your proposal to the Calgary BMX Coaching Committee:

Attention: Ron MacKinnon  
Email: [rmackinnon@wellcoenergy.com](mailto:rmackinnon@wellcoenergy.com)  
Fax: 403-212-0999  
Phone: 403-560-5420

**Proposals must be submitted by the end of the day on Friday, February 16, 2007.**

This will be a Calgary BMX sanctioned Coaching Program